

CONFERENCE FAMILY IN TRANSITION

06.12.–08.12.2024

This conference will take place under the scientific direction of **Dr. Gerda Mehta**.

Lecture language: English

Venue

Sigmund Freud Private University
Freudplatz 3, HS E603, 1020 Vienna
& online via ZOOM

Conference fees

regular	€ 350,-
Early Bird (until Oct. 1 st)	€ 310,-
Discount for ÖAS Students	€ 250,-
Discount for SFU Alumni	€ 250,-
Discount for SFU Students	€ 170,-

To receive your discount code,
please send an e-mail:
weiterbildung@sfu.ac.at

Registration



Further information



The family you grew up and the contemporary or hoped for family – how do they match? What does it take to have a fulfilling family life these days? And what does it take to be and remain a good enough family? To work on functioning family structures? To overcome crises without falling apart? To continue being bonded in a constructive way?

More informations
weiterbildungsakademie.sfu.ac.at

Media owner Sigmund Freud PrivateUniversity, 1020 Vienna



We don't just start careers
We encourage *personality*

CONFERENCE
Family in transition
06.12.–08.12.2024



SIGMUND FREUD
PRIVATE UNIVERSITY
EXECUTIVE ACADEMY

Conference

Family in transition

The family you grew up and the contemporary or hoped for family – how do they match? What does it take to have a fulfilling family life these days? And what does it take to be and remain a good enough family? To work on functioning family structures? To overcome crises without falling apart? To continue being bonded in a constructive way?

Modern family life is undergoing rapid changes and is packed with dilemmas. The basic rules on which people base their privacy have fundamentally changed because of the internet and social media. The speed of living, working and learning seems to be increasing and business-like striving for productivity and perfection are encroaching on parental and family roles.

What are the challenges of blended families today? An overload of complexity, unresolved conflicts from preceding separations, not matching of parents and children of diverse systems, mixed life-cycles, no time for the new couple, etc. How can professionals help the families to live a better life?

The forms of family life have pluralised, affecting how young people enter into partnerships and parenthood. The attitude towards children is transforming; what it means to be a responsible parent has a great influence on everyday family life as well as work and career advancement. In addition, the challenge of active fatherhood and equal participation of both parents is not influenced only by personal values and decisions, but also by the prevailing cultural imaginary.

The conference organizers think it is time to reflect images, theories, interventions that inform the therapeutic work with families. Presenters from Austria, China, Germany, Iran, Russia, Italy, Croatia, Slovenia, Ukraine will help us explore the topic with many different regional shades.

There will be panel discussions (involving the participants), group workshops and a fishbowl discussion.

06.12.2024, Friday

14:30–15:00
REGISTRATION

15:00–15:30
OPENING CEREMONY,
INTRODUCTION, GUIDING
THROUGH THE PROGRAM

ALFRED PRITZ
JUTTA FIEGL
GERDA MEHTA

15:30–16:30
PANELDISCUSSIONS

The normative power of the nuclear family + discussion
ULRIKE ZARTLER
MODERATION: *Johann Kneihs*

16:30–17:30
BREAK

17:30–19:30
PANELDISCUSSIONS

Nuclear families and their alternatives – what made people look for alternative forms and what evolved from that? *1st+2nd generation of the Mühl commune in dialogue*
(PAUL ROBERT)
(BRIGITTA VERLEI)
DIKLA GERTEL
MODERATION: *Johann Kneihs*

19:30–19:45
BREAK

19:45 (OPTIONAL)
FILM
Meine keine Familie
PAUL ROBERT, *Comune member of Mühl Kommune*

07.12.2024, Saturday

09:00–10:30
PANELDISCUSSIONS

Families in Italy; the clash between reality and ideology
FRANCESCO TRAMONTI
FRANCO DELLA MAGGIORA

Working with families in Slovenia – overview of family life in Slovenia, ways of therapeutic approaches
MATEJ VAJDA

10:30–11:00
BREAK

11:00–13:00
PARALLEL WORKSHOPS
(SAME TOPIC)

Who is family? Obligations, wishes, hopes, shortcomings in family lives and why do less families search for therapeutic help these days? Who are and what is family? What shapes family therapy sessions? Assumptions, prejudice, experiences.
with systemic SFU teachers:
IMRE REMENYI
BARBARA HÖLLRIGL
CORINA AHLERS
GERDA MEHTA
JUTTA FIEGL
ANDREA SCHMID
WOLFGANG WERZOWA
and other presenters at conference *(in English, 3 in German)*

13:00–15:00
LUNCHBREAK
self-catering à no catering

15:00–16:30
PANELDISCUSSIONS

Blended Families nowadays, State of the art
CORINA AHLERS

Alternatives to traditional family life in the public interest – fostering, etc
ELISABETH BROUSEK

16:30–17:00
BREAK

17:00–19:00
WORKSHOPS

Demonstration of analogue techniques like the River of Life, role playing, sculpturing, hypnosis.
MATEJ VAJDA

Blended Families creating new models of »the Family«: resilience in separating and rebuilding
CORINA AHLERS

The quest for minimalism in an ever changing system
GERDA MEHTA

Conflicts around parenting and parentification
IMRE REMENYI

Welche Herausforderungen begegnen u.a. TherapeutInnen, die mit Familien therapeutisch arbeiten wollen *(German)*
JÜRGEN HARGENS

Multifamily concepts – a method to utilize the wisdom of a group?
ANDREA SCHMID

PROGRAM

Family, an externalisation of inner wishes and how to balance disappointment and success
CHRISTOPHER UITZ

In search for alternatives to growing up in »your own family«
ELISABETH BROUSEK

19:00–19:30
BREAK

19:30 (OPTIONAL)
LESUNG
Ausplaudereien eines Familientherapeuten aus Meyn / Aus dem Nähkästchen eines Familientherapeuten *(Deutsch)*
JÜRGEN HARGENS

PROGRAM

08.12.2024, Sunday

09:00–11:00
WORKSHOPS

Families coping with chronic illness
FRANCESCO TRAMONTI

Family and disability-levels of meaning
FRANCO DELLA MAGGIORA

The Psychotic Family and their cultures, values...
DRAGAN PULIC

Alternative ways to grow up outside the family
ELISABETH BROUSEK

Fostering – but how?
(English/German)
ALEXANDRA SARTORI,
ANGELIKA RADAX

It takes a village to bring up a child. Mental parental illness, young carers and alternative social support systems.
ANDREA SCHMID

Diagnosed with ADHA, autism, etc. and their impact on family life and family members: insights of a family therapist
WOLFGANG WERZOWA

11:00–11:30
BREAK

11:30–12:00
PANELDISCUSSION

The Impact of China's One-Child Policy on family relationships
YICHEN SONG

How politics shape family structure and possibilities
MASHA SOHRABI

12:00–13:00
FISH BOWL WITH STUDENTS

»Young« generation of family therapists talking about their visions: what do (our) families / and I need and how can family therapist help with what they / we need more?

Followed by
FISHBOWL BY SYSTEMIC THERAPISTS / TEACHERS

Lessons learnt and what transitions are emerging in therapeutic theories and techniques to help families cope nowadays?

13:00
WRAPPING UP INCLUDING PRESENTATION OF THE INSTALLATION AND FAREWELL
MODERATION: GERDA MEHTA

The conference will be held in hybrid form
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